

OSHA 10-HOUR SAFETY TRAINING

CLASS FORMAT:

Classroom

STANDARD CLASS SIZE:

NTT recommends a class of not more than 35 participants to obtain the best results.

NTT PROVIDES:

- 2-day (10 contact hours) of on-site instruction
- Textbooks
- Classroom consumables
- Completion certificates
- Shipping and instructor travel logistics

CLIENT PROVIDES:

- Classroom of 500 square feet or greater
- Projection screen, white board and/or flip charts

Receive the information that is necessary for you to train and inform employees properly on OSHA standards.

Learn to design and implement employee protection programs. Review and discuss OSHA, including citation and penalties and how to avoid them.

Learn how to become recognized by the U.S. Department of Labor as having been trained by an OSHA authorized trainer.

COURSE AGENDA

INTRODUCTION

- Locate and apply OSHA safety and health standards, policies and procedures
- Utilize OSHA standards and regulations to supplement an on-going safety and health program
- Identify common violations of OSHA standards and propose abatement actions
- Describe appropriate abatement procedures for selected safety hazards
- Conduct internal training on OSHA regulations

CFR PART 1903/INSPECTIONS, CITATIONS AND PENALTIES

- Workplace inspections
- Citations and penalties
- Appeals process
- Services
- Responsibilities and rights

BASIC ELECTRICAL SAFETY

- Theory of electricity
- Hazards of electricity
- Effects of electricity on the human body
- Common workplace circuits
- Electrical protective devices
- Grounding
- Ground fault circuit interrupters
- Reversed polarity

CONTROL OF HAZARDOUS ENERGY/ ELECTRICAL SAFE WORK PRACTICES

- Lockout/Tagout
- Operations
- Training



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COURSE AGENDA, continued

WALKING WORKING SURFACES, SUBPART D

- Floors, wall openings and holes
- Stairs and ladders
- Scaffolding

OSHA INSTRUCTIONS ON SUBPART D

- Historical perspective
- Chemical hazards
- Environmental factors or stresses

MATERIALS HANDLING & STORAGE, SUBPART N

- Handling materials
- Servicing
- Trucks and cranes
- Safety

INTRODUCTION TO INDUSTRIAL HYGIENE/ BLOODBORNE PATHOGENS, SUBPART Z

- Scope and application
- Recordkeeping

HAZARD COMMUNICATION/ASBESTOS

- Chemicals in the workplace
- Written programs
- Labels and warnings
- Data sheets
- Training

PERMIT-REQUIRED CONFINED SPACES

- Requirements
- Permits

WELDING, CUTTING AND BRAZING, SUBPART Q

- General requirements
- Handling, storage and utilization
- Protection of personnel
- Procedures

PERSONAL PROTECTIVE EQUIPMENT, SUBPART I

- Application and training
- Clothing
- Inspections and evaluations

MEANS OF EGRESS, SUBPART E

- PPE standards
- Exits
- Requirements

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COURSE AGENDA | 2-Day Lecture, continued

FIRE PROTECTION, SUBPART L

- Scope and application
- Training and education
- Inspection, maintenance and testing
- Fire extinguishing systems

HAZARDOUS MATERIALS, SUBPART H

- Flammable and combustible liquids
- Containers, handling and storage
- Hazardous locations
- Chemicals
- Methods
- Safeguard classifications

MACHINERY & MACHINE GUARDING, SUBPART O

- Requirements
- Different machines

RECORDKEEPING—29 CFR 1904